



A WORD FROM THE GRANDMASTER

SUCCESSFUL PEOPLE SET GOALS

*"If you don't know where you are going,
how can you expect to get somewhere?"*

The purpose of setting goals is to focus your attention on your future. In whatever position you commit to; in life or this organization, think about your goal. Until your thoughts are linked to a goal there can be no accomplishment. Goals help define where we are going, they give us direction and help us to avoid chaos.

Brothers and Sisters, what goals do you wish to accomplish? Miraculous things will begin to happen when you set them. The world has a way of making room for an individual whose words and actions show that they are trying to get somewhere.

IN THIS ISSUE :

- The Grand Matron's Recipe
- Matters of the Heart
- Squares Page
- Bros Health
- Scent of the Month
- Beauty & Fitness
- First Aid on Burns
- Lumiere Scripture
- Updates &Reminders

FEATURED ARTICLES

- Soul to Soul
- How to Love A Black Man
- Self-Reflection

ENTERTAINMENT

- Poetry Slam
- Masonic Humor

NEXT ISSUE

March 2012

Greetings Brothers and Sisters,

Thank you for supporting the first edition of Bathsheba Grand Chapter Lumiere. The BGC E-news is designed to entertain and keep our members informed about the programs and progress of

- Illinois Grand Council
- King Solomon Grand Lodge
- Bathsheba Grand Chapter
- Subordinate Lodges & Chapter
- Higher Houses & Courts

Here you will discover where work is being done to improve our communities. We would like each E-newsletter to highlight topics you will find interesting. I encourage all members to email your questions, suggested themes, and current adventures. Thank you for your support.

Brother Hiram Bradley,
Grand Master
King Solomon Grand Lodge



A Word from the Grand Worthy Matron Sister DeBey S. Rainey

Greetings Modern Free Family,

I want to extend a hearty warm welcome to each of you. This marks OUR first issue of Lumiere, a newsletter which will appear the minimum of four times a year. The newsletter will bring you the latest news and information about issues you request. So with that being said, we look forward to your input! This eNews Magazine will be what "we" make it! We can use Lumiere as a help tool to acquaint you with Modern Free around the world.

To each member, I hope you will have a rewarding and successful experience in joining our extended family. My line and the lines of every officer are here to support your success as a member.

As you will see the State of Illinois has much to offer! As you travel, it is our hope that you will discover, as I have, that our members are a gracious, welcoming and down-to-earth group of Brothers and Sisters devoted to supporting our communities and one another. While our various meetings and sessions offer wonderful professional development opportunities via Grand and Supreme, you will also find through our membership acceptance, new friends, and a collective wealth of knowledgeable light. Wishing you a wonderful future in our organization and great reading with Lumiere!

Sister DeBey S. Rainey
Grand Worthy Matron
Bathsheba Grand Chapter
Modern Free and Accepted Masons, Inc.

Lumière Scripture



Mark 8: 36-37

For what will it profit a man if he gains the whole world, and loses his own soul. Or what will a man give in exchange for his soul?

SOUL TO SOUL Sis. Carrie Williams

In retrospect,

we could not help but to be born into this world; a world filled with sin. Sin of thought; of action. Sin against self or another. Yet there exists the essence of the soul. What is a soul? Our souls are from which we are formed. It is the thing which connects us to all living things. In addition to this, we have been granted with the beauty of our personal wills that assist in guiding us in the desired directions which have already been paved for us. Yet we are the travelers in our own world as we move with the light of the creator under our feet, attempting to propel us into desired directions. However, it is through these travels that we are detoured by our feelings of insecurity, greed, envy, wrath which takes us down a path opposite from our true divine selves. See we take what we have and the ability to make better of it, yet when we throw in the mix of deception, manipulation, malice/ill intent which spear heads the disintegration of our souls.

How can we keep the soul in tact? Its called building your suit of armor against what is wrong. In Christianity, it is taught that Jesus repented for the sins of man and therefore by living according to the word, and repenting in the name of Jesus, all sins can be resolved. In the Quran, it is taught that all things are formed through the creator, ALLAH, and it is through the creator in which all things are formed and all things die, therefore it is with ALLAH that one shall receive mercy and forgiveness from ill will.

Where am I going with this? Faith...simple. It does not matter what faith you are part of, as long as you believe in something greater than yourselves. When you believe that the core of who you are was given to you by something greater, the soul takes on a different meaning. The soul then becomes the thing that must be cherished honored and treated with dignity. It makes it easier for you to oppose anything that will bring harm to it, as it is recognized as something not separate from yourself but rather the integral part of your existence. If we are all born with a soul and all are born with the conscience of right and wrong, on top of our personal will then why wouldn't we do everything in our power to nurture that which defines our lives and how well we lived it. As we respond to the surface gifts that people give us for birthdays, anniversaries, holidays etc. why is it that we don't respond to the biggest gift that we have been given in order to assure true happiness and peace on this earth. A tainted soul, is like a virus that corrupts and dismantles the foundation of a living breathing thing..so I ask why continue to feed into the demise of that which makes you beautiful?

The Grand Matron's Recipe

Bonjour!

Welcome to my Recipe Corner!

Here I will offer some of my favorite dishes to prepare and EAT! Right now with the weather change, warm bowl of chili can be magical! This colorful chili recipe features ground turkey, quad color peppers, onions and beans in a spicy tomato gravy. The secret of this recipe is a combination of ingredients I stole from various cooks! It's a wonderful, 'stick-to-the-ribs' meal that goes wonderful with warm cornbread or rolls. Here we go! Let's capture the Crisp of Winter!

WINTER IN A BOWL

Sis. DeBey Rainey

Ready In: 25 Min

INGREDIENTS

- 1 pound ground turkey (or beef)
- 1/4 of each color chopped peppers (orange-yellow-red-green)
- 1 large onion, chopped
- 2 tablespoons chili powder
- 1/4 teaspoon ground black pepper
- Dash of ground clove
- Salt to taste
- 3 cups V-8 juice
- 1 (15 ounce) can kidney beans, rinsed and drained
- 1 (15 ounce) can great Northern beans, rinsed and drained



DIRECTIONS

Cook turkey, peppers, onion, in skillet until browned. Pour off fat. Stir in chili powder, clove and black pepper. Add tomato juice and beans and heat thorough. Top with sour cream, shredded cheddar cheese & chives or any of your other favorite toppings.

*TOPPERS

- *Chopped tomato
- *Tabasco sauce
- *Oyster crackers
- *Jalapeno slices
- *Black olives
- *Pasta
- *Cilantro

Matters of the Heart



Strong on the Inside

Soft on the Outside

How does STRONG and SOFT work?

Here's the answer: Being strong is cool. It's WHERE you choose to be strong that makes the difference. On your inside, STRONG feels like self-confidence. It feels like the root connecting your soul to the earth. It feels like trust.

It feels like "you doing you". Now, you put that "STRONG" on your OUTSIDE –

it appears SOLID HARD. Like a 15 feet wall.

To a man - it feels like "brainpower" instead of "compassion."

Being SOFT is-Sometimes we need to show men our soul instead of our brain.

And, in this day and age, when we women are all taking care of ourselves financially, running businesses and companies and raising children alone, we don't even think about giving up that "strength."



The old cliché is that we don't want to have to depend on a man.

That's where we push men away. Knowing when to put that wall down, that "thing"

between us and what feels like disaster, abandonment, betrayal, and everything else our minds can think up that would hurt us.

So – What do you do?

Let the "weak" be seen sometimes! Weak is sometimes how we create softness in our hearts and minds. It's okay to cry when you watch a love film, to be frightened by our emotions, or cheerful about the simplest things.

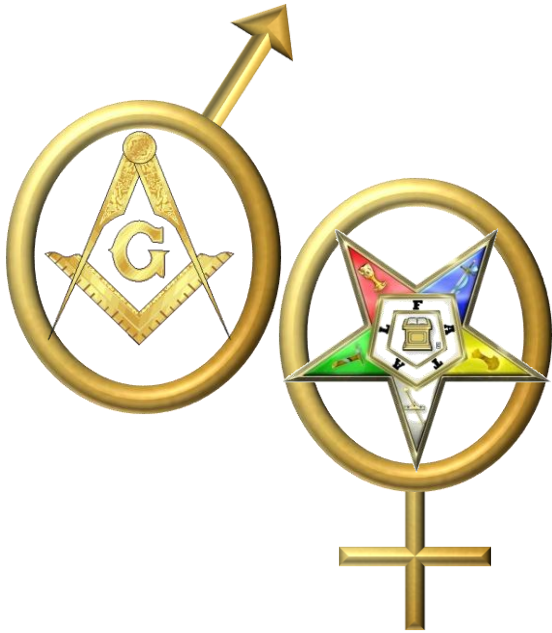
And the reason it's such a powerful thing for a man is that HE feels so mushy soft on HIS OUTSIDE.

Allowing yourself to let the walls down and let yourself be seen by him registers to him as an absolute act of strength.

It makes him TURN TO YOU IN his WEAKNESS; it makes him feel that HE can open up to YOU! That will let love in instead of pushing it away.



Scent of the Month



For clothing, it's relatively simple:

You wear what the situation dictates. Even simpler is the rule for your scent: Buy one and wear it when you want to smell good. At least that's how it used to be. Now there are so many, with such subtle nuances, you could have a specific cologne for every situation you'll ever face. In case you're into such things, or if you just want to be adequately informed by the IGC Scent Guru - - - and now smelling

One of my favorite perfumes

in the world are from the design house of Carolina Herrera. I am deeply fond of all CH Collection perfumes by Carolina Herrera – that are simply irresistible, elegant and modern. This year Carolina Herrera launches one more fabulous fragrance CH Marine for Women. Carolina Herrera CH Marine is a limited-edition fragrance and the new flanker to the original CH for Women. CH Marine is described to be fresher, warmer with an air of sea breeze. Carolina Herrera CH Marine comes in the same shape bottle as CH, CH Red & Gold and CH Garden Party. Carolina Herrera CH Marine is described as an aromatic fragrance with a fresh breeze. CH Marine will draw you into a world of seduction with its appealing notes. Perfume opens with fresh, aquatic notes of grapefruit, bergamot from Florida along with heart notes of Bulgarian rose, jasmine petals, aquatic notes. CH Marine calms on the skin with sensual and sparkling notes of sandalwood, leather, and transparent musk.



Beauty & Fitness



Got any favorite beauty tips that you would like to share? Submit it to BGClumiere@yahoo.com

Lipstick Jungle - Tips to Keep Your Lips Hot...Hot...Hot...

With the weather becoming cold and breezy, who has time for pretty lips? I do! If you are like me, I like to wear a hat and cover my face with a scarf so I might as well show something, it might as well be my lips! Whether it's co-co brown, fire engine red or tangerine orange (which I like them all), wearing bold color isn't as tricky as it looks. Remember back in the day, we use to line our lips with black eye-liner and wear the dark brown shades? Well, this is what I do now; I take dollar lipstick and rub in a lil'bit of black mascara—Like that don't you? Here's 7 more sexy lip tips to try from makeup artist, Jun Funahashi:

- Rub on a layer of moisturizing balm and use an eyebrow brush to gently slough off dry skin.
- Add concealer to the outer corners of

your mouth before applying lipstick, "This is a spot where color tends to bleed," she says.

- Make 'em kiss-proof by filling in lips with liner. Then apply lipstick, blot, and add another layer of color. For more staying power, cover with a thin layer of tissue and dust translucent powder on top.
- Get perfect edges using a lip brush. Start at the outer corners on both top and bottom and work your way into the center using one fluid motion.
- Erase mistakes by tracing along the outside of the lip line with a small, stiff brush dipped in foundation.
- To fake a fuller pout, add a dot of silver or gold shadow above the middle of your lips and stick to glossier textures.
- Don't overload on color everywhere—if you're wearing a vibrant shade all you need is mascara.

Shower Power

How To Get Fit While Taking A Shower

Sis. Barbara Martin

Most people hate exercise. Don't think you're alone because you are not. According to the Surgeon General's report on physical activity and health, 65% of American adults are not regularly active and 25% aren't active at all. So what's your excuse? Too tired? Too busy? Well just shower those excuses down the drain. I have a solution to jumpstart your day and increase your energy. When receiving a massage treatment, you will notice that the therapists will start by heating up your muscles before they begin treatment. Taking a warm shower while you exercise is going to get your muscles heated up and it will make working out much more enjoyable, it will stimulate relaxation and help reduce muscle spasm and pain. Here are some quick exercises that you could do in the shower even if you are pressed for time and just need to take a quickie. This routine should take about 5 minutes. Let the shower steam up. Get in, allow the warm water to hit your upper and lower back. Take slow deep breaths until you feel the tension loosening up.

- Raise your arms above your heart and stretch them as high as you can go. Do this 5 times. This will open your lungs and let more oxygen flow to the blood.



- Loosen up your neck. Make slow, controlled circles. Do this 5 times.
 - Bend forward, slowly, as far as you can, allowing your arms to relax. Hold it for 90 seconds. Raise up slow.
 - **Now you are ready to increase your energy. Turn around and face the front of the shower.**
 - March in place. Move your arms back and forth, and lift your legs, alternating, 45 times on each side.
 - Toe raises. How many can you do? Try doing 60.
 - Push backs. Place yourself in a lunging position, hold the front of the shower WALL with both hands and push your body back and forth, alternating your leg. 45 on each side. Now your done. You can wash up and go. If you do this everyday you can shower down some pounds.
- You can increase your time by doing this routine longer and adding more exercises as you go along.

I am not a Doctor and this article does not constitute medical advice. Always consult a Physician before starting any exercise program.

Self-Reflection



Why am I a Star?

As I took a moment to reflect on my experiences as an Eastern Star. The reminiscences that came to me were not the meetings, education, social events or parties, but the individual Sisters who influenced my spiritual growth, and the experiences that taught me to be humble.

Often times, we talk about Sisterhood and what it means to us. Sisterhood is so many lessons at once. It's one of the most genuine & lovely things about being an Eastern Star. So to my lovely Sisters, as you look in the mirror at your reflection; Who do you see? What changes have you made? Are you being that friend to a member who they can call when needed?

Our hopes, joys and disappointments are shared with one another and we have to continue to keep that promise we made to one another. So why are you an Eastern Star? How are you inspiring those around you to dream, learn and do more within our chapter and the communities?

By taking the time to reflect on our own self, we can start to illuminate our own personal vision of what it is that we want to be, do and have in our lives and most importantly how we want to feel as we grow as Eastern Stars.

*Sis. Barbara Martin,
Worthy Matron
Makeda Chapter#541*

SQUARES PAGE



MASONIC DEFINITION

Bro. Rommell Bailey

Hail or Hele?: The Masonic word usually spelt hail is more properly the old English word *hele*, from the ancient German *hehlen*, to conceal. From this comes our word *hell*, corresponding to the Greek *hades*, and the Hebrew *Sheol*, the invisible, the unseen.

MASONIC FACTS 101

Ever hear members ask the question "what jurisdiction are you from?" The term "Jurisdiction" applies to the territory by which a Grand Lodge has authority over, i.e. Illinois Grand Lodge A. F. & A. M.. What they call the "Jurisdiction" are actually acronyms called a "Rite", i.e.

- M. F. & A. M.
- F. & A. M.
- I. F. & A. M. M.

I hope that you found this helpful. Do you have any questions or comments regarding MASONIC FACTS? Please email Bro. Bailey at our email address be sure to put MASONIC FACTS in the subject line.

WHAT'S IN A NAME?

The title "Worshipful Master" means one who is held in honor, and considered as an honorable man. It is an Old English word that means some one who is worthy of honor and respect because he, himself worships or is full of worship, faith and respect. He is respected because of the depth of his faith in and his reliance on Deity. So when religious people say "you cant serve two masters" they are right, in Masonry you don't. The Master serves you!

GENERALLY SPEAKING

In 1725 if you were to petition a lodge for membership and got rejected; you could petition no other lodge for membership except the one who rejected you.

Bros Health

Men,

please pay more attention!



Black men suffer far worse health than any other racial group in America. There are a number of reasons for this. They tend to smoke and drink more than women. They don't seek medical help as often as women. Some men define themselves by their work, which can add to stress. Also, several other things work against them. They include racial discrimination, a lack of affordable health services, poor health education, cultural barriers, poverty, employment that does not carry health insurance, insufficient medical and social services catering for black men. Statistics shows that Black men live 7.1 years less than other racial groups.

They have higher death rates than women for all leading causes of death. They experience disproportionately higher death rates in all the leading causes of death; 40% of black men die prematurely from cardiovascular disease as compared to 21% of white men. Men are known to avoid doctor's offices and ignoring unusual symptoms or problems. According to CDC, the top three health problems in African American males are Heart Attacks, Strokes and Hypertension. If you notice an unusual problem or find you're experiencing something that just won't go away, it's important to see your doctor. In many cases, it may be no big deal, but knowing is better than ignoring.

Source: cdc.gov/nchs/fastats/black_health

Toenail Care for Men

Most men don't give their feet much attention - until a fiery, itchy case of athlete's foot flares up. *Or* a callus or corn starts to bother you when you put on your stepping shoes. *Or* someone near and dear takes one look at a crusty toenail and says, "Yuck". *Feet, like hands, don't require a lot of maintenance. Just a little TLC.*

The leading cause of hangnails and ingrown toenails is clumsy nail trimming. If you trim your toenails too short, you can expose some of the tissue at the edges or under the nail, which is painful and can lead to infections. Look for nail "nippers" that have a curved handle and a cutting jaw shaped to follow the natural curve of nails.

Nail nippers are particularly useful for toenails, which are hard for many people to reach. You can find them at pharmacies and beauty supply shops.



Ingrown toenail of a Big Toe

For more information on foot care visit <http://www.webmd.boots.com/foot-care/features/men-foot-nail-care>

On the Other Hand



HOW TO LOVE A BLACK MAN

In our theology, we believe Jesus is all-human and all-divine. What becomes interesting is that Jesus has to make a decision between two women. One owned a house; the other had no available address. One had a strong work ethic; we don't know how long the other held a job. One sent an invitation; the other just happens to be in the right place. Jesus, in the midst of two women, gave a clear distinction of who He leaned towards. **Luke 10**

Martha was in the kitchen doing all of the things she thought made a "good" woman. She was from the old school paradigm that believes a way to a man's heart was through his stomach. On the other hand, Mary focused on Jesus' feet. Feet are the most sensitive part of the body. They are open to bacteria, disease, injury and wounds. Mary focused on ministering to Jesus' most sensitive side, not His most human side. Sometimes, a man will forego food for nourishment. If he gets nourished in the place of his sensitivity, he'll skip a meal. Mary never asked what Jesus wanted, she assumed the position and waited for His rebuke. Martha got mad because, with all of her culinary skills and advantages over Mary, she never attracted Jesus' attention. A lot of women miss the mark of ministering to their man when they become busy with domestic affairs rather than taking the time to handle his internal affairs.

Feet are a symbol of change, movement and progress. By attending to His feet, Mary was implying, "I'm going to help you make progress." Martha let Mary handle business in her house when she couldn't. Do not present your friends to your man until you are sure you can handle the feet and the food.

One of the most elementary songs to women that men like is "You Remind Me of My Jeep". I want to break down why men relate to that song. A man places greater priority and value in his car than he does his house. He will wash his car, but live in a dirty house because his car is synonymous with who he is in character, personality and image. If a man spent the same kind of time on a woman as he did on cars, he would be a whole lot better. Jesus says to Martha, go back in the kitchen and leave me with your girl because she is doing the right thing, and what she's doing you should have been doing all along. If you get these principles in your mind, heart, and spirit you will never be sent to the kitchen. You will be in your rightful place and understand that God has positioned, and assigned you on a task to work on feet that are going somewhere.

The Five Vehicles That A Man Does/Doesn't Want:

The types of SUV a man does not want:

Ford Explorer-A man does not want an explorer, someone who searches through his stuff looking for information that has not been revealed. Once an explorer makes her discovery, she acts as if she is the discoverer in disservice of credit. For example

The type of SUV a man does want:

Navigator: A navigator's primary responsibility is to be aware of the vehicle's position. The navigator has to assist the captain in getting to his destination without a foreseeable accident. The navigator never tries to take the captain's job. Her job is to assist and provide the captain with information so that, if the captain does not take her advice, it's the captain's fault.

Trail Blazer: A trail blazer is not the wife. She is the one who prepares the man for his wife. A man wants a challenge, but is afraid of a trailblazer. Trailblazers are different from pathfinders. A pathfinder looks for a route that has been already established, a trailblazer does not mind burning stuff up in order to get to their destination. A trail blazer is a woman who loves with no repentance, without limitations, and gives with no apologies.

Montero: This is a truck named after a small city in Bolivia by the ocean in the mountains. In Montero, you can see beyond sea level. A black man who is connected to a black woman who claims to love him is looking for a Montero-someone who sees him beyond sea-level. Can you see the call, gift, and/or greatness in him or do you only see his failures? In Montero, Bolivia there is also a desert, and gardens where squash, peas, and beans are grown. A man wants to know if a woman will be able to love him in the desert, ocean and mountain.

Cherokee: Cherokee is from a Greek word which translates to mean "people of a different speech." A man wants to see if you talk to him differently than any woman he has ever met. Cherokees operate under two dimensions of time: pre-history and pro-history. In dealing with a black man, you cannot keep him in his pre-historic past when he has destiny. When you are talking to the man in your life, are you talking longer about the past than you are about the future?

Escalade: An escalade can go up while it's parked. It doesn't have to be going anywhere to go up to another level. It can go down in order for you to get in it without jumping up. A black man wants to feel like you are elevating him even when he's not moving. Is he going up while parked or are you bringing him down so you can get in? Will you in fact be an escalade to help him rise even before he moves? When he rises his perspective changes.

(Submitted: anonymous)

ENTERTAINMENT

POETRY SLAM!



My Emotions And Me

Bro. Ivan Burnette

*My emotion and me
was on the run.
He told me it was all for fun.
My love shot off like a loaded gun, with
a slug on the run.
I was so young, I didn't know what I
called love he called fun.
Why me baby, why did you pick on
someone so young to have fun.
My heart is sprung, and now I have a
son.
How can I tell him his father is a slug on
the run, and he only loved his mother,
just for fun?
I am job less with no money, how can I
support a child, when I cannot support
me?
Now look at me running from door to
door begging on the street, Sir can you
help me, Ms. can you help me feed my
baby, Please.
I cannot collect Public Aid because I do
not have an address, now you want to
tell me,
let DCFS have my baby,*

*because you think that's best.
Sister girl what is the matter?
Girl I feel in love with a slug on the run
selling drugs.
He got me knocked up, now he is on
the run so he is not locked up.
Now I am back in the Aid office trying
to get a check, wondering, if my baby's
father would ever come back.
Now I have to listen to this woman,
give me the third degree, as if I should
be down on my knee's begging her, for
this money.
So what, I made a mistake, I am not
trying to take food off your plate.
Somebody please tell me, will my baby
and I, ever get a break?
The way I feel now, it might be your
purse, I take
Sister girl do not let them get you
down, you have to stand strong, for
your crown.
Walk with your head high, and
remember even the strong, will break
down and cry.
The Lord God Almighty sends rain
down to clean the Earth and He sends
tears down to clean the Sole*

MASONIC HUMOR

(anonymous)

A Mason who had just been installed as Master of his lodge and was as expected, attending all the functions he could, was having a hard time with his wife who said... "All those masters-in-office have to do is click their fingers and you would be there wouldn't you?.....I wish I was a master!" After due thought, he said, "So do I dear..... we swap them for a new one every year!!"

FIRST AID TIPS

Burns

FIRST AID TIPS ON BURNS by Sis. Antoinette Bradley

I am a paramedic by occupation. As a parent, every once in a while I respond to an emergency that hits home. Therefore, I sometimes feel obligated to share some of these experiences with you.

Our unit responded to a 7 year old boy burn victim. He climbed in a chair to put something away in a cabinet above the counter, which had a deep fryer full of hot cooking oil. Well he fell off the chair and knocked the hot cooking oil over. This kid suffered second degree burns to his chest, back, neck and both arms. What would you do in an emergency? How would you treat a burn?

First of all, if it's major, **call 911 right away.**

- *Remove the clothing that is not stuck to the skin.
- *Cool the burn area with cool water. If the child begins to shiver, stop the cooling process.
- *Cover the burn with a dry sterile bandage, for large burns, use a dry clean sheet.
- *Do not apply any butter, creams or ointments to the burn area.

The contents of this page are for informational purposes only and does not render medical advice or professional services. For more information on how to treat minor burns visit <http://kidshealth.org>.

BURN TYPES

First Degree Burn



Second Degree Burn



Third Degree Burn



First Degree Burn Superficial - First degree burns typically take 3 to 6 days to heal. The superficial or first layer of skin is damaged.

Examples of a superficial - First degree burns are: mild sunburns, contact burn injuries, or heat burns.

Second Degree Burn Superficial - Second degree burns usually heal in less than 3 weeks depending on severity. The deeper or thicker the burned skin the longer the injury make take to heal.

Third Degree Burn Deep - Third degree burns are severe and may require skin grafts and a protracted recovery period - more than 3 weeks. Full-thickness burns, without skin grafts, heal only at the edges by scarring.

For more information on burns visit <http://www.burnremedies.com>

updates & REMINDERS

Scheduled Events

Jan 11-15: Imperial Supreme Council Mid Winter Encampment 2012

Jan. 28: Hadassah Chapter #878 "ANNUAL ANNIVERSARY PARTY"

Jan. 29: Bathsheba Grand Chapter Workshops

Feb. 4: Makada Chapter #541 "FIRE & DESIRE VALENTINE SOIREE"

Feb. 10-12: California Grand Conclave

Feb. 24: Bathsheba Grand Chapter "ANNUAL NIGHT OF THE STARS"

Feb. 25-26: Lady Elizabeth Chapter #1013 "GETAWAY TO LAKE GENEVA, WI".

Feb. 23-26: Louisiana Grand Conclave

Mar. 8-11: Alabama Grand Session

Mar. 25-27: Florida Grand Conclave

Apr. 5-8: Illinois Grand Session

Apr. 19-22: Bahamas Council Session

Special Notes

Queen Of Sheba Chapter #282 is having their "**Annual Blanket Drive**" For those that was not at 1st Thursday last month we announced that we will be doing our blanket drive next month. We will collect the blankets and like we did a couple of years ago, pass them out to the homeless. I created a flyer that will be posted in the announcements to the order however; I have also created a flyer that can be used for public solicitation of our family and friends. So with that I am asking that you reach out to your family, friends, co-workers, etc. to donate as well. Send emails to your contacts, post on FB, Twitter, etc...Let's make this big! If you have any other questions please let me know. Sis Belinda Collins, PWM.

Mentoring Program: Masters Lodge #242 is looking for Brothers & Sisters to become a mentor at Julian High School. The mentoring program is Monday thru Friday from 3pm-5pm & Saturdays 9am-1pm. For more information, please contact **Bro. Torris Brown 312-714-0936**.

If any member of King Solomon Grand Lodge or Bathsheba Grand Chapter that will like to be included in the distributions of the "Updates & Reminders", please submit your email address to: calendarclerk@ksgrandlodge.com

NEXT ISSUE

SOMEONE YOU SHOULD KNOW

Our next issue will feature an exclusive interview with Brother George Simpson from Al J. Williams Lodge and Sister Cynthia Henry from Bernice Harper Chapter

OUR TRASH IS YOUR TREASURE

Do you have any gently used items that you would like to give away? Then please submit your items and contact information to be posted in the next issue. Remember, your trash is someone's treasure.

TRAVEL

Need a vacation? If you need help booking a vacation and finding some of the best travel spots, please visit this section in our next issue to see if there's a deal for you.

EMPLOYMENT

We would like for you to keep us informed on who's hiring. Please suggest employment opportunities that you know of to our email.

NETWORK

Let's support each other. Business cards will be collected every first Thursday and advertised in this section of the next Enews.

BIRTHDAYS & ANNIVERSARIES

We would like to give special mention if it's your special day. If you would like for your Birthday or Anniversary to be announced in our Enews, please submit your information no later than March 1, 2012.

ASTROLOGY FORECAST

Selected highlights of your zodiac sign will be predicted. Get a head start on your horoscope for months ahead.

The Lumière



ONLINE eNEWSLETTER



Mission Statement

Our purpose is to enlighten the members of Modern Free Inc. of Illinois through education which will promote healthy lifestyle choices; unification of brother and sister relationships, and networking with the intent of building community businesses therefore developing our social, emotional, physical and spiritual selves for the greater good.

Disclaimer

Any comments that may be found here at BGC Lumiere E-newsletter are the expressed opinions, borrowed information and/or the property of its individual authors or contributors. Therefore, Modern Free Inc. cannot be held responsible for the opinions of the respected authors or readers. Should you (the reader) identify any such content that is perceived as harmful, malicious, or insensitive, it is requested that you contact the BGC Lumiere E-newsletter via email so that we may address the concern.

Contact Us

Any member of Modern Free wishing to comment, contribute articles, events or ideas to the committee for the next issue of BGC Lumiere E-newsletter should be submitted no later than March 1, 2012 to BGCLumiere@yahoo.com.

All content must be appropriate and inoffensive to Modern Free in order to be considered for publication. Please submit any correspondence with your name, Lodge or Chapter, and contact information.

We are Linked

<http://www.ksgrandlodge.com>

<http://bathshebagrand.com>

EXECUTIVE CHIEF

Bro. Ed Scales

EDITOR-IN-CHIEF

Sis. Barbara Martin

Special Thanks to the Committee of Bathsheba Grand Chapter Lumiere Enews.